

# Three Models of Mother-Infant Trauma

Presented by **Beatrice Beebe, PhD**

Friday, August 28, 2020

12:00 PM – 3:00PM

Zoom Conference

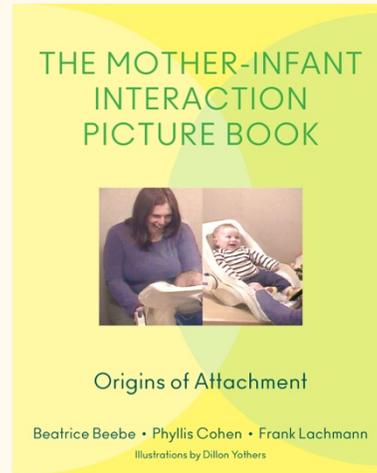
Details to follow upon registration

## Registration Fees

HPS Members (Active,  
Friends, Students): Free  
Non-members: \$120 (\$230 for  
both days)

## CME/CEUs

3 per day for a total of 6 for  
both days



Current approaches to mother-infant treatment deal broadly with relational disturbance, but not specific patterns of interactive disturbance. Increased specificity in describing patterns of disturbance associated with different forms of mother-infant trauma can facilitate more focused clinical intervention, across a range of clinical settings. Awareness of nonverbal communication will be enhanced by (a) understanding results from infant research; (b) seeing/discussing films & frame-by-frame analyses of mother-infant communication as well as films and vignettes of adult treatment; (c) role-playing brief interactions identified by infant research.

The first model is a treatment case; the second and third are based in research studies in community samples. All three have illustrative video material. (1) Case of Linda and Dan: Mother suicidal at birth; (2) Origins of disorganized attachment at 4 months; (3) Pregnant and widowed on 9/11. For each model of mother-infant trauma, the audience will be led through an embodied interactive role-play of the patterns of interaction. **Dr. Beebe recommended that attendees prepare for the conference by reading her book, *The Mother-Infant Interaction Picture Book: Origins of Attachment* (Beebe, Cohen & Lachman, Norton, 2016).**

## OBJECTIVES

1. Describe how frame-by-frame analysis of video provides a microscope into the details of mother-infant interaction.
2. Describe ways in which mother-infant research can inform mother-infant treatment
3. Describe different pictures of mother-infant trauma

## Presenter



Beatrice Beebe Ph.D. is Clinical Professor of Psychology (in Psychiatry), College of Physicians & Surgeons, Columbia University; Department of Child and Adolescent Psychiatry, New York State Psychiatric Institute. She directs a basic research lab on mother-infant communication. She is faculty at several psychoanalytic institutes, and she has a private practice for adults and mother-infant pairs. She is author or co-author of 6 books and 77 peer-reviewed articles. The most recent book is *The Mother-Infant Interaction Picture Book: Origins of Attachment* (Beebe, Cohen & Lachman, Norton, 2016). For a decade she directed a pro bono primary prevention project for mothers who were pregnant and widowed on 9-11 (Beebe, Cohen, Sossin, & Markese, Eds., *Mothers, Infants and*

*Young Children of September 11, 2001: A Primary Prevention Project*, 2012). A documentary film about her research is available (website of the Psychoanalytic Electronic Publishing [PEPweb], *Mother-Infant Communication: The Research of Dr. Beatrice Beebe*, by Karen Dougherty, 2016). She has a half-hour internet talk, [Decoding the nonverbal language of babies](#) and an hour-long internet interview about her work ([Part one](#))([Part two](#)).

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Center for Psychoanalytic Studies. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 3 AMA PRA Category 1 Credit(s).™ Physicians should claim only the credit commensurate with the extent of their participation in the activity. IMPORTANT DISCLOSURE FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

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# Video Feedback Therapy for a Traumatized Patient Who Does Not Look

Presented by Beatrice Beebe, PhD

Saturday, August 29, 2020

9:00 AM – 12:00PM

Zoom Conference

Details to follow upon registration

## Registration Fees

HPS Members (Active, Friends, Students): Free

Non-members: \$120 (\$230 for both days)

## CME/CEUs

3 per day for a total of 6 for both days



Dr. Beebe explores processes of nonverbal communication in adult treatment through a project, “Videotaping the Therapist’s Face.” By turning the lens on the therapist, we can learn more about how and what the therapist communicates to her patient. The therapist’s face, as well as bodily gestures of head and hands, and the background vocal rhythm of the narrative, are relatively unexplored avenues of therapeutic action in adult treatment. To illustrate this process, Dr. Beebe presents a case in which she uses the videotaped sessions of the analyst’s face for “video feedback” therapy with a patient who does not look at the faces of other people. Dr. Beebe is the video feedback consultant to an ongoing 20+ year intensive treatment by Dr. Larry Sandberg.

A great deal of what the patient experiences well as what the therapist experiences can be seen in the face, head and hand gestures of the therapist. During the feedback portion of the session, the therapist and patient together look at the video they just made and try to understand both what the therapist feels and what the patient might feel, and what the therapist might be reacting to in the patient. Watching the video gives the patient who cannot look a chance to see the therapist’s face without having to be directly in the conversation. We will discuss how this process helped this patient, across 10 years of video feedback therapy.

## OBJECTIVES

1. Participants will learn about the potential role of video for traumatized patients who cannot look directly into the face of another person.
2. Participants will learn about how a video feedback therapy can facilitate an understanding of both verbal and nonverbal communication in an adult treatment.
3. Participants will learn about the role of video feedback therapy as an adjunct to an ongoing treatment.

## Presenter



Beatrice Beebe Ph.D. is Clinical Professor of Psychology (in Psychiatry), College of Physicians & Surgeons, Columbia University; Department of Child and Adolescent Psychiatry, New York State Psychiatric Institute. She directs a basic research lab on mother-infant communication. She is faculty at several psychoanalytic institutes, and she has a private practice for adults and mother-infant pairs. She is author or co-author of 6 books and 77 peer-reviewed articles. The most recent book is *The Mother-Infant Interaction Picture Book: Origins of Attachment* (Beebe, Cohen & Lachman, Norton, 2016). For a decade she directed a pro bono primary prevention project for mothers who were pregnant and widowed on 9-11 (Beebe, Cohen, Sossin, & Markese, Eds., *Mothers, Infants and Young Children of September 11, 2001: A Primary Prevention Project*, 2012). A documentary film about her research is available (website of the Psychoanalytic Electronic Publishing [PEPweb], *Mother-Infant Communication: The Research of Dr. Beatrice Beebe*, by Karen Dougherty, 2016). She has a half-hour internet talk, [Decoding the nonverbal language of babies](#) and an hour-long internet interview about her work ([Part one](#))([Part two](#)).

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